



2nd HECOS Consensus Meeting

Core patient-reported outcome measurement instruments for therapeutic hand eczema trials

June 23-24, 2026, Copenhagen, Denmark

Locations:

June 23

Bispebjerg Hospital, Fælleshuset: Charlotte Munck Salen
Nielsine Nielsens Vej 12

June 24

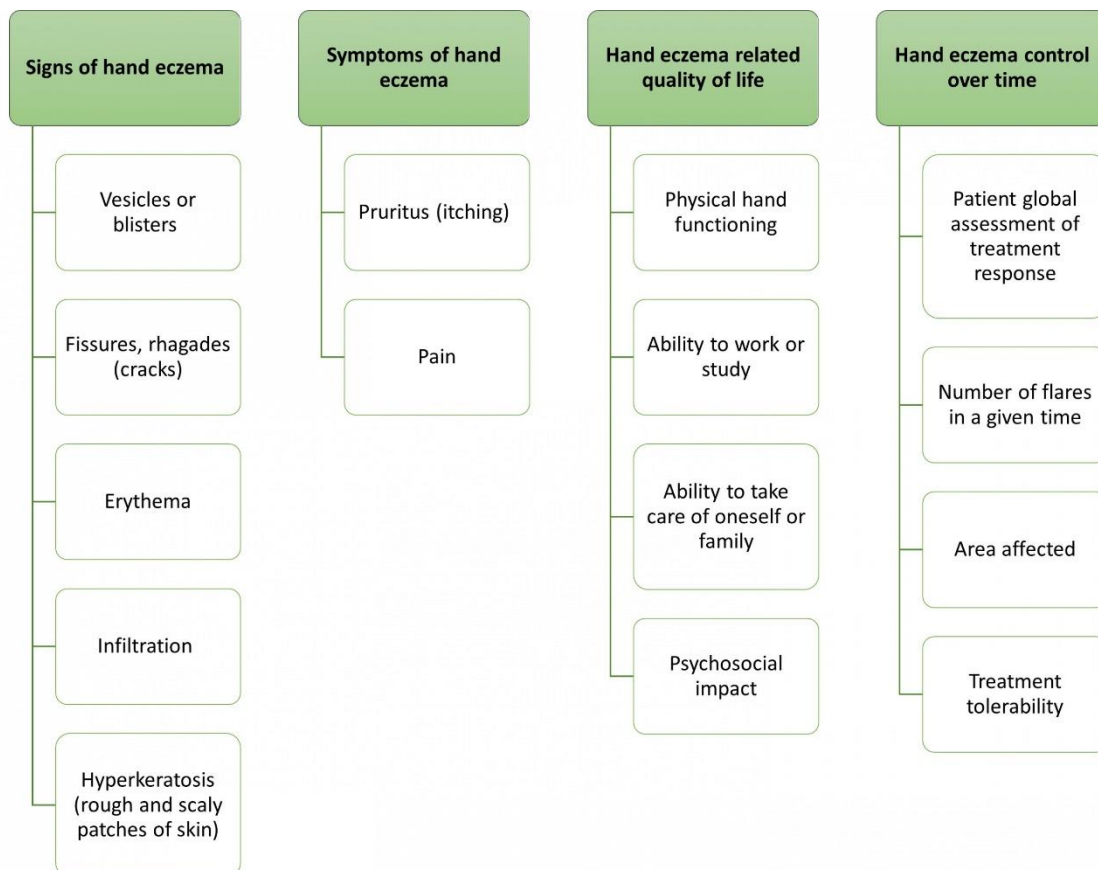
Panum Building 13A: Holst Auditoriet, University of Copenhagen
Blegdamsvej 3B

(adjacent to the Congress of the European Society of Contact Dermatitis, ESCD)

Background

It is difficult to synthesize evidence about effective hand eczema therapies across studies because a uniform set of core outcomes measures is lacking. In 2024, a panel of 40 international stakeholders with various backgrounds followed the hand eczema core outcome set (HECOS) initiative's call to come together in Dresden and meet this challenge. There is now consensus that all therapeutic hand eczema trials should measure a set of four domains with 15 subdomains (in addition to study-specific outcomes). This promotes the generation of comparable and meaningful results.

Core outcome set for therapeutic hand eczema trials:



- <https://www.c3outcomes.org/hecos>
- <https://pubmed.ncbi.nlm.nih.gov/40276953/>



Aim

Having determined *what* to measure, the HECOS initiative is once more reaching out to patients, health professionals, students, researchers, and industry representatives, to convene in Copenhagen and agree on the **most appropriate approaches how to measure** these domains. We shall reach consensus on the suitability of available instruments and their role in the core outcome set. The focus will be **hand eczema related quality of life**, and possibly further patient-reported outcomes. (Clinician-reported outcomes will be discussed at a later meeting.)

Agenda

Tuesday, June 23, 2026

Bispebjerg Hospital, Fælleshuset: Charlotte Munck Salen
Nielsine Niensens Vej 12

13.00-18.30: Discussion of patient-reported instruments (focus: hand eczema quality of life). This includes a methods briefing, a presentation of validated candidate instruments and their measurement properties, several discussion rounds in plenary and breakout sessions, and consensus voting.

During a short break, light refreshments and coffee are available.

From 19.00: Social Dinner

Wednesday, June 24, 2026

Panum Building 13A: Holst Auditoriet, University of Copenhagen
Blegdamsvej 3B

8.00-9.55: Continued discussion of patient-reported instruments (focus: hand eczema quality of life). This includes a recap of Day 1, plenary discussion, and consensus voting.

Who should attend?

Anyone with an interest in hand eczema: patients, health professionals, students, researchers, representatives of pharma and cosmetics companies (with experience in research and development, max. two representatives per company).

What does participation mean?

Participants must agree to attend both days of the HECOS consensus meeting. For a meaningful discussion and voting, everybody needs to be present on Tuesday from 13:00 to 18:30 and also on Wednesday from 8:00 to 9:55. Exceptions can be made only for patients.

Registration

Registration is free for all participants: <https://www.c3outcomes.org/hecos>

